United Association

Safety News

Dedicated to ensuring the safest and healthiest working environment for our members

Fall 2025 | Issue 34

Our Vision
The United Association and its local unions will apply its best practices and resources to build the most educated and safest workforce in all sectors of the piping industry.

In this issue

Message from Jennifer Massey

Health, Safety, and Environmental Administrator

Dear Brothers and Sisters,

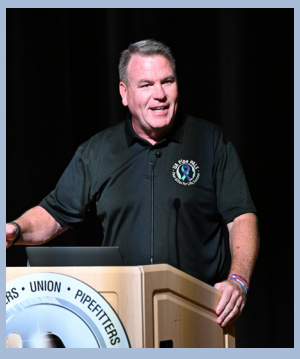
As we wrap up the busy summer months, I want to take a moment to thank each of you for the commitment you've shown to keep yourselves and your coworkers safe. This summer brought the usual challenges of extreme heat, long hours, and demanding schedules, and yet, time and again, I have seen our members put safety and mental health first. From staying vigilant about hydration to speaking up about mental health, you've shown what it means to look out for one another.

Now, as we move into the fall season, our focus shifts to the changing conditions on our jobsites. Shorter daylight hours mean reduced visibility and increased risks around traffic and equipment. Cooler, wetter weather can make surfaces slippery and create new hazards. September is also National Preparedness Month, the perfect reminder to review emergency action plans and ensure every team member knows what to do in the event of severe weather, fire, or other emergencies.

This month is also Suicide Prevention Awareness Month. As many of you know, our industry faces some of the highest rates of suicide, and that is something we must never ignore. Through initiatives such as UA Pipe PALS, peer support training, and open conversations, we are working together to reduce stigma and foster a culture where asking for help is viewed as a sign of strength. Remember, we have resources available on the uapipepals.org website, and dialing 988 can save a life.

Let's carry the lessons of summer forward into fall: stay prepared, visible, and connected with one another. Safety is not just about preventing injuries, it's about protecting every aspect of our well-being, on and off the job. Together, we can finish the year strong and healthy.

Message from General President Mark McManus



Brothers and Sisters,

"During the Instructor Training Program (ITP) completion ceremony on Thursday, August 14, when addressing the attendees, MCAA (Mechanical Contractors Association of America) President Brian Hughes highlighted the critical and often overlooked issue of suicide in the construction industry. He said, 'Construction continues to face some of the highest suicide rates of any profession. The stigma around seeking help has lingered too long.'

"He praised the UA's Pipe PALS initiative and confirmed the MCAA's participation on the Advisory Committee. I look forward to the MCAA's involvement in advancing the UA/MCAA momentum. Through collaborative training programs, mental health initiatives, and leadership development, the MCAA and the UA are actively working to keep the mechanical contracting workforce capable, competitive, and well-supported. In January, the UA will be represented at the MCAA's Safety & Health Conference, as well as the Construction Mental Health Summit before the Conference in Austin, TX. Together, we can strengthen the tools needed to continue to support one another."

TRAINING

2150 OSHA 510: Occupational Safety and Health Standards for the Construction Industry
December 8-12, 2025 ..... 10:00 a.m. - 4:30 p.m. ..... Online (Zoom)

2151 OSHA 500: Trainer Course in Occupational Safety and Health Standards for Construction
December 8-12, 2025 ..... 8:00 a.m. - 5:00 p.m. ..... Ann Arbor, MI

2152 OSHA 502: Update for Construction Industry Outreach Trainers
December 15-18, 2025 ..... 10:00 a.m. - 4:30 p.m. ..... Online (Zoom)

2154 Safe Bolting Principles and Practices
December 9-10, 2025 ..... 8:00 a.m. - 5:00 p.m. ..... Ann Arbor, MI

2170 Substance Abuse in the Workplace: Prevention and Response
November 3-6, 2025 ..... 8:00 a.m. - 5:00 p.m. ..... Online (Zoom)

2171 Introduction to Peer Support Skills and Mental Health Literacy
September 30 - October 2, 2025 ..... 8:00 a.m. - 5:00 p.m. ..... Dallas, TX

2172 Advanced Skills in Suicide Prevention Training, Peer Support Skills, and Mental Health Literacy
November 18-20, 2025 ..... 8:00 a.m. - 5:00 p.m. ..... Dallas, TX

Training Spotlight: Expanding OSHA 511 and 501 Courses in the UA

Training is the backbone of a safer workplace. United Association members who take the OSHA 510 and 500 courses lead the industry with their knowledge of construction safety. The two courses, OSHA Standards for the Construction Industry and 29 CFR 1926 cover fall protection, scaffolding, excavation, and other hazards unique to construction jobsites.

The hazards our members face occur beyond the construction site, too. Many of our brothers and sisters work in fabrication shops and other facilities, or on service calls—these are all environments that fall under 29 CFR 1910 - General Industry Standards. That's why the UA is proud to announce that we are adding **OSHA 511** and **OSHA 501** courses to our training offerings.

OSHA 511: Standards for the General Industry

OSHA 511 is a comprehensive overview of the general industry standards that covers topics such as:

- Electrical safety requirements in shop and plant environments.
- Hazard communication: chemical exposure, labeling, and Safety Data Sheet (SDS) awareness.
- Lockout/Tagout procedures for equipment service and maintenance.
- Walking/working surface hazards in warehouses, shops, and mechanical rooms.

This training helps supervisors, managers, and members identify risks beyond construction sites, preparing them to work safely in fabrication, service, and maintenance settings.

OSHA 501: Trainer Course for the General Industry

The next step for members who complete OSHA 511 is OSHA 501. This course prepares participants to become trainers, authorizing them to teach OSHA 10-hour and 30-hour General Industry Outreach courses. Members who finish this program will understand safety requirements and will possess the skills to train the next generation of UA members working in both construction and general industry settings.

Better for Workers, Better for the UA

The new OSHA 511 and 501 courses deliver many benefits to the organization as a whole and to individual members by:

Creating A More Complete Safety Culture
Safety is not one-size-fits-all. By broadening our training, the UA acknowledges the diverse environments where our members work and provides the right tools for each situation.

Strengthening Our Voice in Safety Leadership
With OSHA-authorized trainers in both the construction and general industries, the UA can set the standard across multiple sectors, ensuring that our members are the most qualified and the safest workforce available for our signatory contractors and end-users.

Improving Knowledge Throughout the Workforce
OSHA 511 and 501 credentials make our members more versatile and valuable. They are prepared with hazard awareness and knowledge of legal requirements in fabrication, maintenance, and industrial settings where general industry knowledge is required.

Protecting Every Member, Everywhere
Whether UA members are working on a high-rise project, inside a power plant, or in a service shop, safety training should protect them equally. Expanding course material into the general industry ensures that everyone has access to the same high level of safety education.

Affirming the UA Commitment to Comprehensive Safety Training
The UA has always been committed to the principle that every worker deserves to go home in the same condition in which they arrived. By adding OSHA 511 and 501 to our training catalog, we reaffirm that commitment, not just in construction zones, but across the entire range of industries our members serve.

HEALTH AT WORK

Peer Ally Program a Powerful Resource for Worker Safety

Within the construction industry, safety is an essential part of each day. Hard hats, harnesses, and training protect workers from visible hazards. Equally important is addressing the invisible risks our members face: stress, addiction, anxiety, and depression. The United Association's **Peer Allies for Life Success (Pipe PALS) program** is not only valuable but critical for the future of our members and organization.

Construction is one of the industries most affected by mental health challenges and tragically high suicide rates. Negative beliefs, actions, and attitudes, often referred to as stigma, have been a significant reason why workers have not felt safe to speak openly about their struggles. The UA's Pipe PALS program changes that by creating a network of trusted brothers and sisters who are available to help members who are having a difficult time. Peer allies are:

- **Approachable and relatable** because they are co-workers who walk in the same boots and understand the unique pressures of the trades.
- **Trained** to listen, recognize warning signs, offer nonjudgmental support, and connect others to resources.
- **Champions of change**, breaking down the stigma surrounding mental health and making conversations about well-being as normal as those about jobsite safety.

Growing A Culture of Care That Values All Members

The UA's Pipe PALS initiative is already building momentum. By training members across locals to serve as peer allies, the program is ensuring that no one has to struggle alone. Peer allies are a vital link between those in need and the available resources, including Employee Assistance Programs (EAPs), counseling, and crisis lines such as **988.**

As more members realize they can reach out to a Peer Ally without fear of judgment, we foster a culture of compassion and solidarity. More than saving lives, this culture builds trust, reduces absenteeism, and boosts productivity on the jobsite. Most importantly, it reminds every member that **their life matters and that they are never alone.**

Just as we invest in fall protection and confined space training, the UA is investing in peer support. The Pipe PALS program capitalizes on the bonds of brotherhood and sisterhood that make our union strong. We are stronger when we reinforce that **safety is holistic:** it's about physical protection as well as emotional resilience and mental health.

UA's Pipe PALS Panel Brings "Real Talk" to ITP

For the second year in a row, the UA Pipe PALS committee was honored to participate in the Future Instructors Program, part of the 71st Annual International Training Program (ITP). This event brought together instructors, leaders, and members with one shared mission: to strengthen the skills of the next generation and to protect the lives of our brothers and sisters in the trades.

The Pipe PALS presentation was an opportunity for "Real Talk," beginning with each panelist sharing deeply personal and vulnerable stories about mental health, recovery, and resilience. These courageous testimonies set the tone for an honest discussion about the difficulties construction workers face on and off the jobsite.

Candid questions drove the unscripted panel that was moderated by UA Pipe PALS Advisory Committee members Mike Hazard, Veterans in Piping Program Manager, and Jennifer Massey, Health, Safety, and Environmental Administrator. Topics cut to the heart of mental health in construction.

- Common mental health challenges and statistics affecting workers.
- Breaking the stigma around seeking help.
- Obstacles in supporting coworkers struggling with addiction or mental health concerns.
- The importance of education and awareness in changing the culture of the trades.
- Leadership's role in creating safe, supportive environments on jobsites.
- Why contractor partnerships with the UA matter in suicide prevention efforts.

The topics sparked meaningful dialogue and produced strategies that participants could take back to their locals, classrooms, and jobsites.

Massey reflects, "Standing alongside my Pipe PALS brothers and sisters was a profound honor. To share that stage, to listen to such honesty, and to add my voice to this mission is something I will carry with me. The UA's commitment to mental health is not just a slogan; it's a movement. Together, we are working to bend the arch back toward hope, solidarity, and life-saving awareness."

It's Time to Step Up

One of the most profound moments during the session came when our Brother, Business Manager Ben Bradshaw, addressed the audience. He asked for a simple show of hands in answer to, "How many of your locals have a Peer Ally program?" Sadly, there were only a few raised hands.

Brother Bradshaw voiced his deep concern, sharing that he and the Pipe PALS team have tirelessly promoted the importance of a boots-on-the-ground approach. "We believe a Peer Ally program is one of the most immediate and effective ways to build a bridge of caring and hope, connecting members who may be struggling silently with the resources and support they desperately need," said Bradshaw. "When we start a Peer Ally program, we create a lifeline of hope and support that saves lives."

It was disheartening to see that the level of progress we had hoped for had not been achieved. But there is still time—and that time is now. We urge all **Business Managers** to take this step. Please consider launching a Peer Ally program in your local. The Pipe PALS are ready to help you get started and will stand beside you every step of the way.

Contact the team at pipepals@uanet.org to connect, collaborate, and begin building this bridge together. Let's do what we do best: unite our brotherhood and sisterhood in solidarity and strengthen partnerships. The Pipe PALS program reminds us all: You are not alone. Your story matters. And together, we can save lives.

UA/ITF to Expand VitalCog Instructor Training

The UA and ITF are excited to announce that soon we will launch our own Train-the-Trainer program for VitalCog training. This milestone is possible through our partnership with the Helen and Arthur E. Johnson Depression Center at the University of Colorado Anschutz Medical Campus.

This new initiative will significantly expand access across the United Association by equipping more locals with trainers who can deliver the two-hour VitalCog course "at home." The UA's Pipe PALS program has set a goal to place at least one trainer in every UA local across the United States and

Canada. Instructor training is a vital first step toward establishing and sustaining a strong Peer Ally program in each local.

The eight-hour train-the-trainer course will fully prepare participants to teach the two-hour VitalCog class. Once certified, trainers will be able to deliver high-quality, evidence-based courses at their own locals, opening doors to peer support and conversations that ultimately can save lives.

Sign Up Soon or Schedule a Training at Your Local Now.

We encourage members to pay close attention to the upcoming regional training calendar for course availability. Spots will be limited, and we want to ensure every local has the opportunity to get involved.

In the meantime, if you would like to schedule a VitalCog course for your local, please visit pipepals@ua.org. At the bottom of the page, you can submit a VitalCog request form. Do it TODAY!

We are fortunate to have an amazing group of instructors ready to facilitate this training. To date, we have trained approximately 2,500 members, and we're just getting started. Let's keep the ripple effect growing and encourage more brothers and sisters to complete the training. Building a network of care, one local at a time, we can make sure every member has access to trained Peer Allies and the resources they need.

SAFETY AT WORK

Safety Practices Protect Our Members in Tech Industry Environments

Constructing facilities for the technology sector—from semiconductor manufacturing plants to hyperscale data centers—has expanded opportunities for UA members. These projects demand top-level skill, precision, professionalism, and attention to unique safety challenges that differ from traditional jobsites.

High-Stakes Hazards in High-Tech Work

Technology manufacturing facilities and data centers house highly sensitive equipment and materials to produce the most intricate products and carry out sophisticated functions. Each environment is designed to ensure product quality and worker safety, which begins at the construction level. UA members arrive with training, skills, and PPE to match specific site requirements.

- **Chemical and Gas Exposure**
  Technology plants often use toxic, corrosive, or flammable gases and chemicals. Even small leaks can pose life-threatening risks. It is critical that UA members adhere to all hazard communication, gas detection, and confined space protocols.

- **Cleanroom Environments**
  When working in cleanrooms, contamination control is as important as safety. Workers wearing cleanroom (bunny) suits need to be extra vigilant about fall hazards and ergonomic strain.

- **High-Pressure Systems**
  Ultra-pure water or gas piping systems in chip fabrication facilities and data centers operate under extreme pressure. In these locations, pressure testing, lockout/tagout (LOTO), and safe bolting practices are non-negotiable.

- **Electrical and Arc Flash Risks**
  Data centers and advanced facilities rely on a massive power infrastructure, which necessitates NFPA 70E arc flash standards, proper PPE, and strict LOTO procedures.

- **Ergonomics and Repetition**
  Working with small-diameter piping, overhead racks, and tight spaces can lead to repetitive stress injuries. Members should rotate tasks where possible and use proper lifting aids.

Technology Industry Best Practices for UA Members

1. **Know the Standards:** Be familiar with both OSHA regulations and site-specific safety requirements, such as Semiconductor Equipment and Materials International (SEMI) standards in semiconductor fabs.

2. **Perform Pre-Task Planning:** Tech industry work requires precision. The daily Job Hazard Analysis (JHA) is a living document and an essential tool for identifying and mitigating risks.

3. **Know that PPE is Personal and Critical:** From chemical-resistant gloves to full arc-rated suits, PPE is the last line of defense. Workers in tech facilities must wear PPE without exception.

4. **Stay Fit for Duty:** Fatigue and stress can cause mistakes. Take breaks, stay hydrated, and be aware of mental health strain during long shifts.

5. **Be Prepared for Emergencies:** Always know your evacuation routes, alarm systems, and designated muster points when working in specialized environments such as cleanrooms or chemical storage areas. As you move through the facility, note eyewash stations, safety showers, and emergency egress points—you may need them in an emergency!

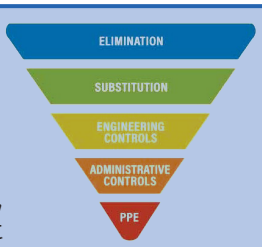
The UA Advantage

Technology facility owners and contractors demand world-class standards. The UA safety culture means that our members bring more than trade skills to projects. Our training ensures we deliver professionals who tech companies can trust to work safely, skillfully, and reliably:

- **OSHA Outreach Courses (510, 511, 500, and 501)** build a foundation of knowledge.
- **UA specialty training programs** prepare members for confined space, lockout/tagout, safe bolting, and hazardous materials.
- **Pipe PALS and peer support networks** remind us that safety isn't only physical. Our members have meaningful mental health support for the high-stress technology environments.

The UA recognizes that technology facilities represent the future of our industry. Safety is about protecting ourselves, the companies that drive our economy, and the communities that depend on them.

Understanding OSHA's Hierarchy of Safety Controls in Construction



When it comes to protecting workers, OSHA prioritizes controlling hazards at their source. Instead of mainly relying on personal protective equipment (PPE) or worker behavior to prevent accidents and injuries, removing the hazard first is more effective. OSHA has adopted the Hierarchy of Safety Controls, a framework widely used across industries. It is especially useful in construction, where dynamic jobsites, multiple contractors, and constantly changing conditions present unique challenges.

The hierarchy defines a structured approach to hazard control, ranking actions from most to least effective.

1. **Elimination -Remove the Hazard Entirely** (most effective control)

The best way to keep workers safe is to completely eliminate the hazard from the jobsite.

Construction industry example: Instead of using ladders for extended tasks, redesign the work so it can be performed on the ground or from a prefabricated assembly.

Why it matters: No exposure means no risk.

2. **Substitution - Replace the Hazard with Something Safer *(second most effective control)***
If elimination isn't possible, replace the hazard with a less dangerous process, material, or equipment.

Construction industry example: Reduce carbon monoxide exposure by using non-toxic adhesives in place of solvent-based adhesives or by switching from gas-powered tools indoors to battery- or electric-powered alternatives.

Why it matters: Substitution reduces risk before workers are exposed.

3. **Engineering Controls - Isolate Workers from the Hazard *(controls the hazard at the source)***
Engineering controls create physical barriers between the hazard and the worker.

Construction industry example:
- Guardrails and fall protection systems around open edges.
- Machine guards on power tools.
- Ventilation systems in confined spaces.

Why it matters: Engineering solutions don't rely on workers to remember steps; they build safety into the job.

4. **Administrative Controls - Change the Way People Work *(less reliable than the three previous actions)***
Administrative controls rely on training, policies, and scheduling to reduce risk.

Examples in construction:
- Crew rotation to reduce heat stress or noise exposure.
- Job Hazard Analyses (JHAs) before tasks begin.
- Signage and color-coded labeling to communicate hazards.

Why it matters: Administrative controls are important, but they rely on consistent human behavior, making them less reliable than physical controls.

5. **Personal Protective Equipment (PPE) - Last Line of Defense *(least effective, but still essential)***
   PPE does not remove the hazard—it only reduces exposure.

   Construction industry example: hard hats, safety glasses, gloves, hearing protection, respirators, and fall arrest harnesses.

   Why it matters: PPE is critical when higher-level controls cannot fully eliminate hazards, but it is only effective if properly selected, fitted, and used consistently.

In construction, it's easy to fall into the habit of relying too heavily on PPE or administrative rules. OSHA's philosophy reminds us that proper safety requires proactive planning and hazard control at the highest possible level.

For UA members, this means:

- **Planning work differently**, such as using prefabrication and modularization to eliminate or reduce hazards.
- **Designing safety in from the start** by engaging with contractors and engineers early to build fall protection, ventilation, and lockout systems into projects.
- **Empowering crews** to speak up when they notice hazards that could be eliminated or substituted, rather than just managed with PPE. Though always necessary, PPE should never be our first or only line of defense.

More than a simple chart, the Hierarchy of Controls is OSHA's guiding philosophy for effective worker protection. In construction, where hazards are part of daily life on the job, this hierarchy ensures we don't stop at the easiest solution, but push for the most effective control possible. By using the hierarchy, UA members can continue to set the standard for safety and leadership in our industry.

Hydration is a Safety Essential in Every Climate

When most of us think about hydration on the job, we picture working outdoors under the blazing summer sun. It's true that high heat and humidity increase the risk of dehydration; however, workplace hydration is a year-round concern, regardless of the weather or season.

Construction work demands long hours, physical exertion, and focus. Whether we are welding in a high-tech facility, setting pipe in freezing temperatures, or working inside a cleanroom with protective suits, our bodies require adequate hydration to perform optimally and stay safe.

The Wonders of Hydration

Our bodies depend on water for so many essential functions that can affect our performance and safety on the job. Keep hydrated to:

- **Maintain Energy and Focus** - Even mild dehydration can cause fatigue, headaches, and reduced concentration. On a jobsite, that loss of focus can quickly lead to accidents.
- **Support Muscle Function** - Water helps transport nutrients and oxygen to muscles, reducing cramps and strains.
- **Regulate Body Temperature** - In both hot and cold environments, hydration helps the body control its core temperature.
- **Protect Long-Term Health** - Chronic dehydration can affect kidney function, cardiovascular health, and overall well-being.

Climate Considerations

In **hot and humid weather**, sweating leads to rapid fluid and electrolyte loss. Workers exposed to heat—inside or outside—should drink water every 15-20 minutes. They should supplement with electrolyte beverages if they're in the heat for more than two hours.

Cold weather suppresses thirst, so workers may not feel the urge to drink. Plus, even in freezing conditions, heavy clothing can increase sweating. The body still needs regular fluid intake, and warm, non-caffeinated drinks (like warm water or herbal tea) can be appealing when the chill sets in.

Climate-controlled indoor jobsites, including technology facilities, may feel comfortable, but without frequent water breaks, dehydration can still occur. In particular, cleanroom suits, respirators, and other PPE can trap heat, leading to hidden fluid loss.

Hydration Strategies

- **Arrive Hydrated** - Drink water before you get to work, and keep at it. Don't wait until you feel thirsty.
- **Choose Water First** - Rely on water as your primary source of hydration; add sports drinks when working long shifts or in extreme conditions.
- **Avoid Excess Caffeine and Energy Drinks** - These can act as diuretics, increasing the risk of dehydration.
- **Buddy Up** - Remind each other to take water breaks. It can be easier to spot fatigue and dehydration in someone else than in yourself.
- **Make Hydration Accessible -** Contractors and crews should ensure clean, cool drinking water is always available on site.

The UA is committed to building a safety culture that extends beyond hard hats and harnesses. Hydration is one of the simplest yet most powerful tools to keep our members safe, healthy, and performing at their best. Whether under the summer sun, in winter cold, or inside a facility, staying hydrated is not optional, it's essential.

Prepared for Perfection: Facing Tool Safety

Facing tools prepare pipe for orbital welding, producing square, burr-free pipe ends. As with any high-speed cutting device, there are risks when using them. The main hazards are:

- **Lacerations** (cuts) when the rotating blades or sharp, freshly cut edges come in contact with skin.
- **Flying chips or sharp debris** ejected at high speed during cutting.
- **Noise and vibration** that may cause hearing loss or hand-arm vibration issues over time.
- **Kickback or binding** when improper tool setup or excessive feed pressure causes an unexpected jerk.

Prevention is the key for safety when working with facing tools. Before starting, always:

- Verify that guards and shields are in place.
- Wear cut-resistant gloves, safety glasses with side shields, and hearing protection.
- Secure pipe sections firmly before facing; never attempt to hold pipe by hand.
- Inspect blades before each use and replace any that are dull or damaged.
- Keep hands, gloves, and loose clothing away from rotating parts at all times.

Safety is a Package Deal

Because orbital welding and facing tools are often used in tandem, especially in semiconductor, pharmaceutical, and other high-purity piping systems, workers should adopt a safety strategy that integrates all facets of the process.

- **Training and competency testing** ensure that every member has the necessary knowledge and demonstrates proficiency before operating either tool.
- **PPE standards** require the use of proper eye, face, hand, and hearing protection. Respiratory protection may be required in certain welding applications.
- **Housekeeping and workspace control** keep cords, hoses, and work surfaces organized, preventing tripping or entanglement hazards.
- **A buddy system** elevates awareness in cleanrooms or tight spaces and should include using a spotter when setting up or adjusting equipment.

Orbital welding machines and facing tools are the leading-edge equipment for precision piping. When used correctly, they produce consistent, high-quality joints that bolster the UA's reputation as the best-trained workforce in the industry. By following established safety protocols, maintaining situational awareness, and respecting the equipment's power, UA members can ensure that technology is an ally, not a risk.

2026 Regional Safety and Health Classes (Tentative)

2148 OSHA 511: Occupational Safety and Health Standards for General Industry

February 2-6, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
April 20-24, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
June 22-26, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
September 14-18, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)

2149 OSHA 501: Trainer Course in Occupational Safety and Health Standards for General Industry

April 27-May 1, 2026	10:00 a.m.-4:30 p.m.	Ann Arbor, MI
October 19-23, 2026	10:00 a.m.-4:30 p.m.	Ann Arbor, MI

2150 OSHA 510: Occupational Safety and Health Standards for the Construction Industry

February 9-13, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
May 11-15, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
July 13-17, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
September 28-October 2, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
November 16-20, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)

2151 OSHA 500: Trainer Course in Occupational Safety and Health Standards for Construction

March 16-20, 2026	8:00 a.m.-5:00 p.m.	Ann Arbor, MI
June 15-19, 2026	8:00 a.m.-5:00 p.m.	Ann Arbor, MI
October 12-16, 2026	8:00 a.m.-5:00 p.m.	Ann Arbor, MI
December 7-11, 2026	8:00 a.m.-5:00 p.m.	Ann Arbor, MI

2152 OSHA 502: Update for Construction Industry Outreach Trainers

February 9-12, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
April 6-9, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
July 20-23, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
September 21-24, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)
December 14-17, 2026	10:00 a.m.-4:30 p.m.	Online (Zoom)

2170 Substance Abuse in the Workplace: Prevention and Response

February 9-12, 2026	8:00 a.m. - 5:00 p.m.	Online (Zoom)
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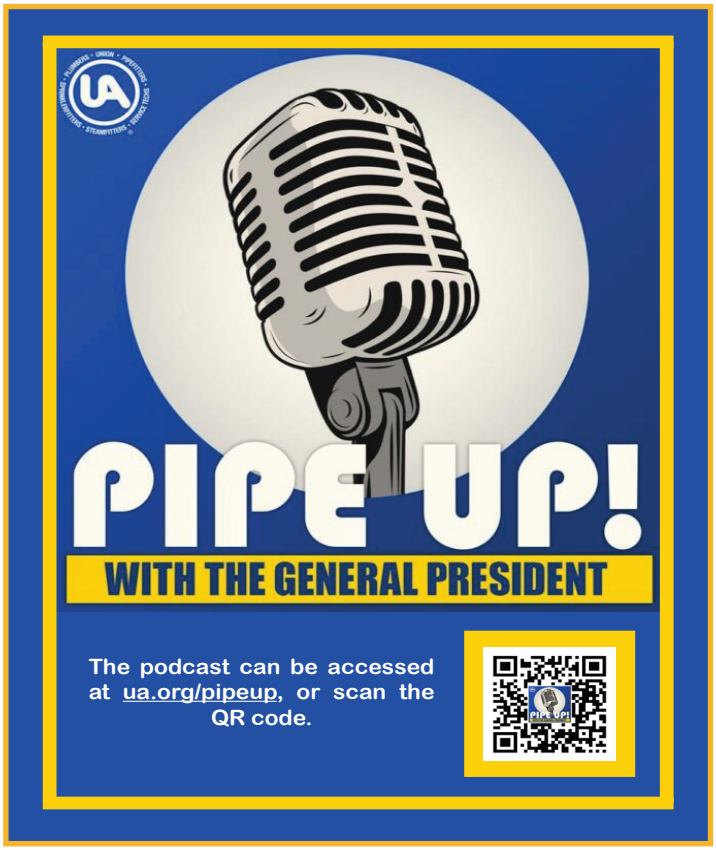

Safety Awareness Dates and Events for Your Calendar

September:
National Preparedness Month
Suicide Prevention Awareness Month

October:
National Protect Your Hearing Month
National Substance Abuse Prevention Month
National Ergonomics Month
Fire Protection Week
World Mental Health Day
Respiratory Care Week

November:
Lung Cancer Awareness Month
Seasonal Affective Disorder (SAD) Awareness Month

If you or someone you know needs immediate help

988 SUICIDE & CRISIS LIFELINE

988 Suicide & Crisis Lifeline

National Suicide Prevention Lifeline - a free and confidential (U.S.) resource that connects individuals with skilled, trained counselors 24/7. Call 988 or 1-800-273-TALK (1-800-273-8255)

Use the online **Lifeline Crisis Chat**
or reach out to the Crisis Text Line by texting "HELLO" to 741741 to connect with a crisis counselor.